

## EARLY CHILDHOOD MENTAL HEALTH SERVICES PRENATAL TO AGE 6

### ADVOCACY

ARC Minnesota West Central 800-411-0124 <https://arcminnesota.org/>  
Family Voice of MN 866-334-8444 <http://familyvoicesofminnesota.org/>  
MN Association for Children's Mental Health 800-528-4511 <https://www.macmh.org/>  
Ombudsman for mental health and developmental disabilities 800-657-3506  
<https://mn.gov/omhdd/>  
PACER 800-537-2237 <https://www.pacer.org/>

### ASSESSMENTS

#### County Social Services

Becker County 218-847-5628 <https://www.co.becker.mn.us/>  
Clay County 218-299-5200 <https://claycountymn.gov/>  
Douglas County 320-762-2302 <https://www.co.douglas.mn.us/>  
Grant County 218-685-8200 <http://www.co.grant.mn.us/>  
Otter Tail County 218-998-8150 <https://ottertailcountymn.us/>  
Pope County 320-634-7755 <https://www.co.pope.mn.us/>  
Stevens County 320-208-6600 <http://www.co.stevens.mn.us/>  
Traverse County 320-422-7777 <https://www.co.traverse.mn.us/>  
Wilkin County 218-643-7161 <https://www.co.wilkin.mn.us/>  
White Earth: 218-983-3285 <https://whiteearth.com/home>

#### Public Health

Becker County Community Health 218-847-5628 <https://www.co.becker.mn.us/>  
Clay County Public Health 218-299-5220 <https://claycountymn.gov/>  
Otter Tail County 218-998-8150 <https://ottertailcountymn.us/>  
Wilkin County 218-643-7122 <https://www.co.wilkin.mn.us/>  
White Earth 218-983-3286 <https://whiteearth.com/home>  
Horizon Public Health: <http://horizonpublichealth.org/>  
    Alexandria 320-763-6018  
    Elbow Lake 218-685-8295  
    Glenwood 320-634-7822  
    Morris: 320-208-6670  
    Wheaton: 320-208-6670

Partnership for Health 218-299-5220 (Becker, Clay, Otter Tail, Wilkin)

<http://partnership4health.org/>  
Alexandria Clinic 320-763-5123 <https://alomerehealth.com/alexclinic/>  
Broadway Medical Center Douglas County 320-762-0399  
<https://www.sanfordhealth.org/locations/sanford-health-broadway-clinic>

Lakeland Mental Health Center <https://www.lmhc.org/>  
    Alexandria 320-762-2400  
    Detroit Lakes 218-847-1676

Fergus Falls 218-736-6987  
Glenwood 320-634-3446  
Moorhead 218-233-7524  
Lutheran Social Services of Minnesota <https://www.lssmn.org/>  
Alexandria 320-762-5124  
Detroit Lakes 218-847-0629  
Fergus Falls 218-736-5431  
Moorhead 218-236-1494  
Prairie St. Johns Fargo, ND: 701-476-7216 <https://prairie-stjohns.com/>  
Solutions Behavioral Healthcare Prof. <http://www.solutionsinpractice.org/>  
Alexandria 320-762-5411  
Detroit Lakes 218-844-6853  
Fergus Falls 218-998-2992  
Moorhead 866-455-6417  
Summit Guidance Center Moorhead 218-227-5376 <https://summit-guidance.com/>  
Stevens Community Medical Center 320-589-7625 <https://scmcinc.org/>  
Therapeutic Services Agency—Deaf, Deaf-Blind, and Hard of Hearing  
<https://www.hoperealized.com/> To make a referral 218-343-6196  
The Village Family Services <https://www.thevillagefamily.org/>  
Alexandria 320-762-8851  
Moorhead 701-451-4811  
Wheaton Community Medical Center 320-563-8226  
<https://www.sanfordhealth.org/locations/sanford-wheaton-clinic>

#### **ATTACHMENT BIO-BEHAVIORAL CATCHUP (ABC)**

The Village Family Service Center 701-451-4900 <https://www.thevillagefamily.org/>

#### **AUTISM EVALUATIONS**

Anne Carlson Center 218-443-2837 <https://annecarlson.org/>  
Lakeland Mental Health 320-762-2400 <https://www.lmhc.org/>  
Solutions Behavioral Health 218-287-4338 <http://www.solutionsinpractice.org/>

#### **CHILDREN'S MENTAL HEALTH CASE MANAGEMENT SERVICES**

County Social Services:  
Becker County 218-847-5628 <https://www.co.becker.mn.us/>  
Clay County 218-299-5200 <https://claycountymn.gov/>  
Douglas County 320-762-2302 <https://www.co.douglas.mn.us/>  
Grant County: 218-685-8200 <http://www.co.grant.mn.us/>  
Otter Tail County 218-998-8150 <https://ottertailcountymn.us/>  
Pope County 320-634-7755 <https://www.co.pope.mn.us/>  
Stevens County 320-208-6600 <http://www.co.stevens.mn.us/>  
Traverse County 320-422-7777 <https://www.co.traverse.mn.us/>  
Wilkin County 218-643-8013 <https://www.co.wilkin.mn.us/>  
White Earth 218-983-3286 <https://whiteearth.com/home>  
  
Access of the Red River Valley 218-233-3991 <http://www.accessrrv.org/>  
Lakeland Mental Health Center <https://www.lmhc.org/>  
Alexandria 320-762-2400  
Detroit Lakes 218-847-1676

Fergus Falls 218-736-6987  
Glenwood 320-634-3446  
Moorhead 218-233-7524

Solutions Behavioral Health <http://www.solutionsinpractice.org/>

Moorhead 218-287-4338 866-455-6417  
Alexandria 320-762-5411

The Village Family Service Center 701-451-4900 800-627-8220  
<https://www.thevillagefamily.org/>

#### **CHILD CARE CONSULTATION AND SUPPORTS**

Center for Inclusive Child Care 651-641-8339 <https://www.inclusivechildcare.org/>

Child Care Aware 218-512-1500 800-452-3646 <https://www.childcareaware.org/>

Solutions Behavioral Health 320-762-5411 <http://www.solutionsinpractice.org/>

The Village Family Service Center 701-451-4900 800-627-8220

<https://www.thevillagefamily.org/>

White Earth Child Care and Early Learning Programs - Family Resource Specialists 218-983-3285 <https://whiteearth.com/home>

#### **CHILDREN'S THERAPEUTIC SERVICES AND SUPPORTS (CTSS)**

Access of the Red River Valley 218-233-3991 <http://www.accessrrv.org/>

Birchwood Psychological Center (Breckenridge) 218-643-9330  
<http://birchwoodcounseling.com/>

Greater MN Family Service 320-214-9692 (Wilkin County) <http://www.greatermnnesota.org/>

Kindred Family Focus, Inc 763-271-1676 Counties of Becker, Clay, Otter Tail, Wilkin  
<https://www.nexus-yfs.org/sites/kindred/contactus>

Lakeland Mental Health Center <https://www.lmhc.org/>

Alexandria 320-762-2400  
Detroit Lakes 218-847-1676  
Fergus Falls 218-736-6987  
Glenwood 320-634-3446  
Moorhead 218-233-7524

Lutheran Social Services of Minnesota <https://www.lssmn.org/>

Alexandria 320-762-5124  
Detroit Lakes 218-847-0629  
Fergus Falls 218-736-5431

Nystrom & Associates 651-628-9253 Counties: Becker, Clay, Otter Tail

<https://www.nystromcounseling.com/>

Steller Human Service 218-444-2845 (Becker County) <http://www.stellher.com/>

Solutions Behavioral Healthcare Prof. <http://www.solutionsinpractice.org/>

Alexandria 320-762-5411  
Detroit Lakes 218-844-6853  
Fergus Falls 218-998-2992  
Moorhead 866-455-6417

Stevens Community Medical Center 320-589-7625 <https://scmcinc.org/>

Summit Guidance 218-227-5376 <https://summit-guidance.com/>

The Village Family Service Center Douglas County 320-762-8851  
<https://www.thevillagefamily.org/>

#### **CIRCLE OF SECURITY**

The Village Family Service Center 701-451-4900 800-627-8220  
<https://www.thevillagefamily.org/>

#### **CRISIS**

2-1-1 First Link <https://myfirstlink.org/>  
Help Line – Becker and White Earth  
Mobile Mental Health Crisis Response 800-223-4512 <http://mobilecrisisresponse.org/>  
Rape and Abuse Crisis Center: 701-293-7273 800-344-7273 <https://raccfm.com/>  
Region 4 South: 701-364-0431 office:320-335-5100 <https://www.r4sconversations.org/>  
Someplace Safe: 800-974-3359 (24 hr. hotline) <https://www.someplacesafe.info/>  
Douglas County 320-762-1995  
Grant County 218-685-4203  
Otter Tail County Fergus Falls office 218-739-2853  
Otter Tail County Perham office 218-346-7276  
Pope County 320-634-3483  
Stevens County 320-589-3208  
Traverse County 320-563-4121

#### **DCO-5**

Family Innovations 320-759-3096 <https://familyinnovations.com/location/alexandria/>  
Lakeland Mental Health Center 320-762-2400 <https://www.lmhc.org/>  
Lutheran Social Services 320-762-5124 <https://www.lssmn.org/>  
Psychological Associates 320-762-1762 <https://www.psychologicalassociates.net/>  
Solutions Behavioral Health 320-762-5411 <http://www.solutionsinpractice.org/>  
The Village Family Service Center 701-451-4811 <https://www.thevillagefamily.org/>

#### **DISABILITY SERVICES**

County Social Services:  
Becker County 218-847-5628 <https://www.co.becker.mn.us/>  
Clay County 218-299-5200 <https://claycountymn.gov/>  
Douglas County 320-762-2302 <https://www.co.douglas.mn.us/>  
Grant County 218-685-8200 <http://www.co.grant.mn.us/>  
Otter Tail County 218-998-8150 <https://ottertailcountymn.us/>  
Pope County 320-634-7755 <https://www.co.pope.mn.us/>  
Stevens County 320-208-6600 <http://www.co.stevens.mn.us/>  
Traverse County 320-422-7777 <https://www.co.traverse.mn.us/>  
Wilkin County 218-643-8013 <https://www.co.wilkin.mn.us/>  
White Earth 218-983-3285 <https://whiteearth.com/home>  
  
Access of the Red River Valley 218-233-3991 <http://www.accessrrv.org/>

Deaf and Hard of Hearing Services 800-456-7589 <https://mn.gov/deaf-hard-of-hearing/about-us/who-we-are/contact-us.jsp>

HELP ME GROW 866-693-4769 <http://helpmegrowmn.org>

Horizon Public Health MN Choices screening 320-763-6018 <http://horizonpublichealth.org/>

Linkage Line 866-333-2466 <https://disabilityhubmn.org/>

Solutions Behavioral Health 320-762-5411 <http://www.solutionsinpractice.org/>

### **EDUCATION PROGRAMS**

ECFE – check with your local school district

ECSE – check with your local school district

Preschool/School Readiness – check with your local school district

Community Action Partnership Lakes and Prairies (CAPLP) -Head Start, Early Head Start 218-512-1500 or 800-422-3646 <http://caplp.org/>

West Central MN Communities Action – Head Start 218-685-4486 800-492-4805  
<https://www.wcmca.org/>

White Earth Child Care and Early Childhood Programs 218-983-3285  
<https://whiteearth.com/home>

### **EMDR**

The Village Family Service Center 701-451-4900 800-627-8220  
<https://www.thevillagefamily.org/>

### **FAMILY GROUP DECISION MAKING**

Lutheran Social Services 218-236-1494 <https://www.lssmn.org/>

The Village Family Service Center 701-451-4900 800-627-8220 <https://www.thevillagefamily.org/>

### **FOSTER CARE AND ADOPTION**

County Social Services

Becker County 218-847-5628 <https://www.co.becker.mn.us/>

Clay County 218-299-5200 <https://claycountymn.gov/>

Douglas County 320-762-2302 <https://www.co.douglas.mn.us/>

Grant County 218-685-8200 <http://www.co.grant.mn.us/>

Otter Tail County 218-998-8150 <https://ottertailcountymn.us/>

Pope County 320-634-7755 <https://www.co.pope.mn.us/>

Stevens County 320-208-6600 <http://www.co.stevens.mn.us/>

Traverse County 320-422-7777 <https://www.co.traverse.mn.us/>

Wilkin County 218-685-8200 <https://www.co.wilkin.mn.us/>

White Earth 218-983-4647 <https://whiteearth.com/home>

Horizon Public Health: <http://horizonpublichealth.org/>

Alexandria 320-763-6018

Elbow Lake 218-685-8295

Glenwood 320-634-7822

Morris: 320-208-6670

Wheaton: 320-208-6670

Kindred Family Focus 612-331-4429 218-739-307

<https://www.nexus-yfs.org/sites/kindred/contactus>

Lutheran Social Services 218-236-1494 <https://www.lssmn.org/>

MN Adopt 866-303-6276 <https://www.mnadopt.org/>

North Homes 218-751-0282 <http://www.northhomesinc.org/>

The Village Family Service Center 701-451-4900 800-627-8220 <https://www.thevillagefamily.org/>

### HEALTHCARE SERVICES

Alexandria Clinic 320-763-5123 <https://alomerehealth.com/alexclinic/>

Alomere Health 320-762-1511 <https://alomerehealth.com/>

Becker County Community Health 218-847-5628 <https://www.co.becker.mn.us/>

Coteau des Prairies Health Care Clinic Herman 320-677-2220

<https://www.cdphealth.com/Locations/CDP-Clinic-Herman.aspx>

Essentia Clinic <https://www.essentiahealth.org/>

Moorhead 701-364-6800

Pelican Rapids 218-863-2000

Glenwood Medical Center 320-634-5157 <https://glacialridge.org/>

Lake Region Healthcare <https://www.lrhc.org/> Fergus Falls 800-247-1066

Lake Region Affiliates:

Ashby Clinic 218-747-2293

Evansville Clinic 218-948-2040

Barnesville Area Clinic 218-354-2111

Battle Lake Clinic 218-864-5283

Prairie Ridge Healthcare <https://www.prairiehealth.org/>

Elbow Lake Hospital and Clinic 218-685-7300

Ashby Clinic 218-747-2293

Evansville Clinic 218-948-2040

Herman Clinic 320-667-2221

Hoffman Clinic 320-986-2038

Morris Campus 320-589-4008

Sanford Health Clinic <https://www.sanfordhealth.org/>

Alexandria 320-762-0399

Moorhead 218-234-3260

Parkers Prairie 218-338-4371

Perham Health 218-347-1200

Perham Health New York Mills 218-385-1800

Perham Ottertail 218-367-6100

Pelican Rapids 218-863-6100

St. Francis Hope Unit 218-643-0499 <https://www.sfcare.org>

Stevens Community Medical Center 320-589-7625 <https://www.scmcinc.org/>

Tri County Health <https://www.tchc.org/>

Henning 218-583-2953

Ottertail 218-367-6262

Wheaton Community Medical Center 320-563-8226

<https://www.sanfordhealth.org/locations/sanford-wheaton-clinic>

White Earth Indian Health Services 218-983-4300 <https://whiteearth.com/home>

Public Health

Becker County Community Health 218-847-5628 <https://www.co.becker.mn.us/>

Clay County Public Health 218-299-5220 <https://claycountymn.gov/>

Otter Tail County 218-998-8320 <https://ottertailcountymn.us/>

Wilkin County 218-643-7122 <https://www.co.wilkin.mn.us/>

White Earth 218-983-3286 <https://whiteearth.com/home>

Horizon Public Health: <http://horizonpublichealth.org/>

Alexandria 320-763-6018

Elbow Lake 218-685-8295

Glenwood 320-634-7822

Morris: 320-208-6670

Wheaton: 320-208-6670

Partnership for Health 218-299-5220 (Becker, Clay, Otter Tail, Wilkin)

<http://partnership4health.org/>

**HOME VISITING**

Public Health

Becker County Community Health 218-847-5628 <https://www.co.becker.mn.us/>

Clay County Public Health 218-299-5220 <https://claycountymn.gov/>

Otter Tail County 218-998-8320 <https://ottertailcountymn.us/>

Pope County 320-634-5720 <https://www.co.pope.mn.us/>

Wilkin County 218-643-7161 <https://www.co.wilkin.mn.us/>

White Earth 218-983-3285 <https://whiteearth.com/home>

Horizon Public Health: <http://horizonpublichealth.org/>

Alexandria 320-763-6018

Elbow Lake 218-685-8295

Glenwood 320-634-7822

Morris: 320-208-6670

Wheaton: 320-208-6670

Partnership for Health 218-299-5220 (Becker, Clay, Otter Tail, Wilkin)

Community Action Partnership Lakes and Prairies (CAPLP) -Head Start, Early Head Start 218-512-1500 or 800-422-3646 <http://caplp.org/>

West Central MN Communities Action – Head Start 218-685-4486 800-492-4805

<https://www.wcmca.org/>

The Village Family Service Center 701-451-4900 800-627-8220

<https://www.thevillagefamily.org/>

White Earth Child Care and Early Learning Programs Family Resource Specialists 218-983-3285 <https://whiteearth.com/home>

**INCREDIBLE YEARS**

Lutheran Social Services 320-762-5124 (Douglas County) <https://www.lssmn.org/>

Solutions Behavioral Health 320-762-5411 Douglas, Grant, Pope, Otter Tail, Stevens

<http://www.solutionsinpractice.org/>

Solutions Behavioral Health 218-287-4338 Clay County <http://www.solutionsinpractice.org/>



### IN-HOME SERVICES

Lutheran Social Services 320-762-5124 (Douglas County) <https://www.lssmn.org/>

Lutheran Social Services 218-236-1494 (Clay County) <https://www.lssmn.org/>

Pope County Human Services 320-634-5713 <https://www.co.pope.mn.us/>

The Village Family Service Center 701-451-4900 800-627-8220

<https://www.thevillagefamily.org/>

### MEDICATION MONITORING

Family Health Care Center 701-239-7111 <https://www.famhealthcare.org/>

Lakeland Mental Health Center <https://www.lmhc.org/>

Alexandria 320-762-2400

Detroit Lakes 218-847-1676

Fergus Falls 218-736-6987

Glenwood 320-634-3446

Moorhead 218-233-7524

Sanford Health 701-234-4141 <https://www.sanfordhealth.org/>

### MENTAL HEALTH CONSULTATION

Family Innovations 320-759-3096 <https://familyinnovations.com/location/alexandria/>

Lakeland Mental Health Center <https://www.lmhc.org/>

Alexandria 320-762-2400

Detroit Lakes 218-847-1676

Fergus Falls 218-736-6987

Glenwood 320-634-3446

Moorhead 218-233-7524

Lake Region Healthcare Bridgeway Unit 218-763-8000 <https://www.lrhc.org/>

Lutheran Social Services 320-762-5124 <https://www.lssmn.org/>

Psychological Associates 320-762-1762 <https://www.psychologicalassociates.net/>

Solutions Behavioral Health 218-287-4338 866-455-6417 <http://www.solutionsinpractice.org/>

The Village Family Service Center 701-451-4900 800-627-8220 <https://www.thevillagefamily.org/>

### MENTAL HEALTH SCREENINGS (MANDATED)

County Social Service Child Protection Screening

Becker County 218-847-5628 <https://www.co.becker.mn.us/>

Clay County 218-299-5200 <https://claycountymn.gov/>

Douglas County 320-762-2302 <https://www.co.douglas.mn.us/>

Grant County 218-685-8200 <http://www.co.grant.mn.us/>

Otter Tail County 218-998-8150 <https://ottertailcountymn.us/>

Pope County 320-634-7755 <https://www.co.pope.mn.us/>

Stevens County: 320-208-6600 <http://www.co.stevens.mn.us/>

Traverse County 320-422-7777 <https://www.co.traverse.mn.us/>

Wilkin County 218-643-8013 <https://www.co.wilkin.mn.us/>

White Earth WE CARE:218-983-3286 <https://whiteearth.com/home>



Public Health Child and Teen Check Up

Becker County Community Health 218-847-5628 <https://www.co.becker.mn.us/>

Clay County Public Health 218-299-5220 <https://claycountymn.gov/>

Otter Tail County 218-998-8320 <https://ottertailcountymn.us/>

Wilkin County 218-643-7161 <https://www.co.wilkin.mn.us/>

White Earth 218-983-3285 <https://whiteearth.com/home>

Horizon Public Health: <http://horizonpublichealth.org/>

Alexandria 320-763-6018

Elbow Lake 218-685-8295

Glenwood 320-634-7822

Morris: 320-208-6670

Wheaton: 320-208-6670

Community Action Partnership Lakes and Prairies (CAPLP)

-Head Start, Early Head Start 218-512-1500 or 800-422-3646 <http://caplp.org/>

Lakeland Mental Health Center <https://www.lmhc.org/>

Alexandria 320-762-2400

Detroit Lakes 218-847-1676

Fergus Falls 218-736-6987

Glenwood 320-634-3446

Moorhead 218-233-7524

Lutheran Social Services 320-762-5124 <https://www.lssmn.org/>

West Central MN Communities Action – Head Start 218-685-4486 800-492-4805

<https://www.wcmca.org/>

White Earth Child Care and Early Childhood Programs 218-983-3285

<https://whiteearth.com/home>

White Earth Tribal & Behavioral Health, Indian Child Welfare 218-983-3285

<https://whiteearth.com/home>

The Village Family Service Center 701-451-4900 800-627-8220 (Clay County)

<https://www.thevillagefamily.org/>

The Village Family Service Center 320-762-8851 (Douglas County) <https://www.thevillagefamily.org/>

**NUTRITIONAL PROGRAM**

Becker County Community Health 218-847-5628 <https://www.co.becker.mn.us/>

Clay County Public Health WIC 218-299-5220 <https://claycountymn.gov/>

Cooking Matters Mahube OTWA Community Action Partnership <http://www.mahube.org/>

Dorothy Day Food Pantry 218-284-8895 <https://churches-united.org/>

FM Emergency Food Pantry 701-237-9337 <http://www.emergencyfoodpantry.com/>

Grant County Nutrition

<http://www.co.grant.mn.us/792/Nutrition-Sites-and-Food-Shelves>

Elbow Lake Site 218-685-4176

Hoffman Site 320-986-2598

Horizon Public Health: <http://horizonpublichealth.org/>

Alexandria 320-763-6018

Elbow Lake 218-685-8295  
Glenwood 320-634-7822  
Morris: 320-208-6670  
Wheaton: 320-208-6670

Nutrition Education Programs 320-634-5735

Outreach Food Shelf 320-762-8411 (Douglas County) <https://www.outreachfoodshelf.org/>

Pope County Hearts and Hands Food shelf/Clothes Closet 320-634-4394 or 320-634-3909

Salvation Army 701-232-5565 (Clay County)

University of MN Extension offices <https://extension.umn.edu/>

White Earth WIC 218-983-6232 <https://whiteearth.com/home>

#### **PARENT CHILD INTERACTION THERAPY (PCIT)**

Lutheran Social Services 320-762-5124 (Douglas County) <https://www.lssmn.org/>

The Village Family Service Center <https://www.thevillagefamily.org/>

Clay County 701-451-4900 800-627-8220

Douglas County 320-762-8851

#### **PARENT SUPPORT**

Becker County Community Health 218-847-5628 <https://www.co.becker.mn.us/>

Birthright of Alexandria 320-762-1224 <https://birthright.org/>

Birthright of Fargo Moorhead 218-477-1977 <https://birthrightfm.org/>

Circle of Parents 218-443-3916 (Clay County)

Clay County Public Health 218-299-5220 <https://claycountymn.gov/>

Douglas County Public Health 320-763-6018 <https://www.co.douglas.mn.us/>

Douglas County Social Services 320-762-2302 <https://www.co.douglas.mn.us/>

ECFE – Check with your local school district

Grant County Social Services 218-685-8200 <http://www.co.grant.mn.us/>

Head Start West Central MN Communities Action 218-685-4486 800-492-4805

<https://www.wcmca.org/>

Lakeland Mental Health Center – <https://www.lmhc.org/>

Alexandria 320-762-2400

Detroit Lakes 218-847-1676

Fergus Falls 218-736-6987

Glenwood 320-634-3446

Moorhead 218-233-7524

Lutheran Social Services 320-762-5124 (Douglas County) <https://www.lssmn.org/>

Pope County Human Services 320-634-5713 <https://www.co.pope.mn.us/>

Solutions Behavioral Health 320-762-5411 (Douglas County)

<http://www.solutionsinpractice.org/>

Someplace Safe <https://www.someplacesafe.info/>

Alexandria 320-589-3208 800-974-3359

Breckenridge 218-643-3109

Fergus Falls 218-739-2853

Stevens Community Medical Center 320-589-7625 <https://scmcinc.org/>

The Fathers Resource Program West Central MN Communities Action 320-762-2302

Douglas, Grant, Pope, Stevens and Traverse counties

<https://www.wcmca.org/programs/the-fathers-program/>

The Village Family Service Center 320-762-8851 <https://www.thevillagefamily.org/>

White Earth Financial Services 218-983-3285 <https://whiteearth.com/home>

#### **PARENT SUPPORT OUTREACH**

Becker County 218-847-5628 <https://www.co.becker.mn.us/>

Clay County 218-299-5200 <https://claycountymn.gov/>

Douglas County 320-762-2302 <https://www.co.douglas.mn.us/>

Grant County 218-685-8200 <http://www.co.grant.mn.us/>

Otter Tail County 218-998-8150 <https://ottertailcountymn.us/>

Pope County 320-634-7755 <https://www.co.pope.mn.us/>

Stevens County: 320-208-6600 <http://www.co.stevens.mn.us/>

Traverse County 320-422-7777 <https://www.co.traverse.mn.us/>

Wilkin County 218-643-8013 <https://www.co.wilkin.mn.us/>

White Earth WE CARE:218-983-3286 <https://whiteearth.com/home>

The Village Family Service Center 701-451-4900 Clay County

<https://www.thevillagefamily.org/>

#### **PARENTING PROGRAMS**

Becker County Community Health 218-847-5628 <https://www.co.becker.mn.us/>

Birthright of Alexandria 320-762-1224 <https://birthright.org/>

Horizon Public Health Growing Great Kids 320-763-6018 <http://horizonpublichealth.org/>

Lutheran Social Services Douglas County 320-762-5124 <https://www.lssmn.org/>

Lutheran Social Services Clay County 218-236-1494 <https://www.lssmn.org/>

Minor Parenting

Otter Tail County Public Health <https://ottertailcountymn.us/>

Clay County Social Services <https://claycountymn.gov/>

REACH 218-483-3145 (Clay County) <https://www.ruralenrichment.org/>

The Village Family Service Center 800-627-8220 <https://www.thevillagefamily.org/>

University of MN Extension Check with your local county extension office

<https://extension.umn.edu/>

Public Health: Follow Along Program; Healthy Families America; Nurse Family Partnership

Becker County Community Health 218-847-5628 <https://www.co.becker.mn.us/>

Clay County Public Health 218-299-5220 <https://claycountymn.gov/>

Douglas County Public Health 320-763-6018 <https://www.co.douglas.mn.us/>

Grant County 218-685-8200 <http://www.co.grant.mn.us/>

Otter Tail County 218-998-8320 <https://ottertailcountymn.us/>

Pope County 320-634-5720 <https://www.co.pope.mn.us/>

Stevens County 320-208-6600 <http://www.co.stevens.mn.us/>

Traverse County 320-422-7777 <https://www.co.traverse.mn.us/>

Wilkin County 218-643-7122 <https://www.co.wilkin.mn.us/>

White Earth 218-983-3285 <https://whiteearth.com/home>

Horizon Public Health: <http://horizonpublichealth.org/>

Alexandria 320-763-6018

Elbow Lake 218-685-8295  
Glenwood 320-634-7822  
Morris: 320-208-6670  
Wheaton: 320-208-6670

Partnership for Health 218-299-5220 (Becker, Clay, Otter Tail, Wilkin)

<http://partnership4health.org/>

#### **POSITIVE BEHAVIORAL SUPPORTS/BEHAVIORAL MANAGEMENT**

Access of the Red River Valley 218-233-3991 <http://www.accessrrv.org/>

Family Innovations 320-759-3096 <https://familyinnovations.com/location/alexandria/>

Lakeland Mental Health Center 218-233-7524 800-223-4512 <https://www.lmhc.org/>

Lutheran Social Services 320-762-5124 <https://www.lssmn.org/>

Prime West Behavioral Health Program <https://www.primewest.org/behavioral-health>

Psychological Associates 320-762-1762 <https://www.psychologicalassociates.net/>

Solutions Behavioral Health 320-762-5411 <http://www.solutionsinpractice.org/>

West Central MN Communities Action Head Start 218-685-4486 800-492-4805

<https://www.wcmca.org/>

#### **RESOURCE AND REFERRAL**

##### County Social Services

Becker County 218-847-5628 <https://www.co.becker.mn.us/>

Clay County 218-299-5200 <https://claycountymn.gov/>

Douglas County 320-762-2302 <https://www.co.douglas.mn.us/>

Grant County 218-685-8200 <http://www.co.grant.mn.us/>

Otter Tail County 218-998-8150 <https://ottertailcountymn.us/>

Pope County 320-634-7755 <https://www.co.pope.mn.us/>

Stevens County 320-208-6600 <http://www.co.stevens.mn.us/>

Traverse County 320-422-7777 <https://www.co.traverse.mn.us/>

Wilkin County 218-643-8013 <https://www.co.wilkin.mn.us/>

White Earth Tribal Programs 218-983-3285 <https://whiteearth.com/home>

##### Public Health

Becker County Community Health 218-847-5628 <https://www.co.becker.mn.us/>

Clay County Public Health 218-299-5220 <https://claycountymn.gov/>

Otter Tail County 218-998-8320 <https://ottertailcountymn.us/>

Wilkin County 218-643-7122 <https://www.co.wilkin.mn.us/>

White Earth Tribal Offices 218-983-3285 <https://whiteearth.com/home>

Horizon Public Health: <http://horizonpublichealth.org/>

Alexandria 320-763-6018

Elbow Lake 218-685-8295

Glenwood 320-634-7822

Morris: 320-208-6670

Wheaton: 320-208-6670

Alexandria Clinic 320-763-5123 <https://alomerehealth.com/alexclinic/>

Broadway Medical Center 320-762-0399 <https://www.sanfordhealth.org/locations/sanford-health-broadway-clinic>  
First Link 211 (Clay)  
Head Start West Central MN Communities Action 218-685-4486 800-492-4805  
<https://www.wcmca.org/>  
HELP ME GROW 866-693-4769 <http://helpmegrowmn.org>  
Lutheran Social Services 320-762-5124 <https://www.lssmn.org/>  
MN 211 – all counties <https://www.211unitedway.org/>  
REACH 218-483-3145 <https://www.ruralenrichment.org/>  
Sanford Health Broadway Alexandria Clinic 320-762-5628  
<https://www.sanfordhealth.org/locations/sanford-health-broadway-clinic>  
Solutions Behavioral Health 320-762-5411 <http://www.solutionsinpractice.org/>  
Someplace Safe <https://www.someplacesafe.info/>  
    Alexandria 320-589-3208 800-974-3359  
    Breckenridge 218-643-3109  
    Fergus Falls 218-739-2853  
The Village Family Service Center 320-762-8851 <https://www.thevillagefamily.org/>  
Wheaton Community Medical Center 320-563-8226  
<https://www.sanfordhealth.org/locations/sanford-wheaton-clinic>

#### **RESPIRE CARE**

County Social Services:

Becker County 218-847-5628 <https://www.co.becker.mn.us/>  
Clay County 218-299-5200 <https://claycountymn.gov/>  
Douglas County 320-762-2302 <https://www.co.douglas.mn.us/>  
Grant County: 218-685-8200 <http://www.co.grant.mn.us/>  
Otter Tail County 218-998-8150 <https://ottertailcountymn.us/>  
Pope County 320-634-7755 <https://www.co.pope.mn.us/>  
Stevens County 320-208-6600 <http://www.co.stevens.mn.us/>  
Traverse County 320-422-7777 <https://www.co.traverse.mn.us/>  
Wilkin County 218-643-8013 <https://www.co.wilkin.mn.us/>  
White Earth 218-983-3286 <https://whiteearth.com/home>  
Kindred Family Focus 218-739-3074 <https://www.nexus-yfs.org/sites/kindred/contactus>

#### **SCHOOL-BASED MENTAL HEALTH SERVICES**

Grant County Social Services Lakeland (serving Ashby, Herman-Norcross and West Central Area Schools) 218-685-8200

#### **THERAPY**

Individual, Family, Play, Group

Birchwood Psychological Center: 218-643-9330 (Wilkin County) including Animal Assisted Therapy  
<http://birchwoodcounseling.com/>  
Family Innovations 320-759-3096 <https://familyinnovations.com/location/alexandria/>  
Lakeland Mental Health Center <https://www.lmhc.org/>

Alexandria 320-762-2400  
Detroit Lakes 218-847-1676  
Fergus Falls 218-736-6987  
Glenwood 320-634-3446  
Moorhead 218-233-7524

\*Lutheran Social Services of Minnesota <https://www.lssmn.org/>

Alexandria 320-762-5124  
Detroit Lakes 218-847-0629  
Fergus Falls 218-736-5431

Prairie St. Johns Fargo, ND 701-476-7216 <https://prairie-stjohns.com/>

Psychological Associates 320-762-1762 <https://www.psychologicalassociates.net/>

Rape and Abuse Crisis Center 701-293-7273 800-344-7273 <https://raccfm.com/>

Sanford Health Clinic 701-642-7000 701-234-4141

Solutions Behavioral Healthcare <http://www.solutionsinpractice.org/>

Alexandria 320-762-5411  
Detroit Lakes 218-844-6853  
Fergus Falls 218-998-2992  
Moorhead 866-455-6417

St. Francis Hope Unit Breckenridge 218-643-0499 <https://www.sfcare.org/>

Summit Guidance Center Moorhead 218-227-5376 <https://summit-guidance.com/>

Therapeutic Services Agency—Deaf, Deaf-Blind, and Hard of Hearing

To make a referral 218-343-6196 <https://www.hoperealized.com/>

The Village Family Services <https://www.thevillagefamily.org/>

Alexandria 320-762-8851  
Moorhead 701-451-4811

Wheaton Community Medical Center 320-563-8226

<https://www.sanfordhealth.org/locations/sanford-wheaton-clinic>

White Earth Tribal Mental Health Program: 218-983-3286 <https://whiteearth.com/home>

#### **TRAUMA FOCUSED COGNITIVE BEHAVIORAL THERAPY**

Lakeland Mental Health Center 320-762-2400 <https://www.lmhc.org/>

Solutions Behavioral Health 320-762-5411 <http://www.solutionsinpractice.org/>

#### **TRAUMA INFORMED CHILD PARENT PSYCHOTHERAPY (TI-CPP)**

The Village Family Service Center 701-451-4900 800-627-8220

<https://www.thevillagefamily.org/>

#### **WRAPAROUND**

Lutheran Social Services 218-236-1494 <https://www.lssmn.org/>

The Village Family Service Center 218-451-4900 800-627-8220 (Clay County)

<https://www.thevillagefamily.org/>